

# vjk korte baan25: Session: 2: COACH evaluation sheet for TEAM: STA

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ Relay line-up input: The listed starttimes are indicative!

Coaches: Lasoen Sam

Coaches: Vlamijnck Robin HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 5: 100M FREESTYLE MEN 11-12** Heat:14, starttime: 14:23

Heat: 14/17 Lane : 6 Athlete: DE SMET KOBE Q-time: 01:08:38

PB (25m pool): 01:08.58 T ROSCO 12/10/2025 PB (50m pool): 01:08.38 SB: 01:08.58 T ROSCO 12/10/2025

	25 M	50 M	75 M	100 M	
PB		00:33.63		01:08.58	
	00:33.63		00:34.95		
	.....	.....	.....	.....	

Coach feedback:

**Event number: 6: 100M BREASTSTROKE WOMEN 11-12** Heat:9, starttime: 14:48

Heat: 9/15 Lane : 7 Athlete: BUYLE GEIKE Q-time: 01:34:98

PB (25m pool): 01:34.98 Sint-Amansberg 19/10/2025 PB (50m pool): 01:42.68 SB: 01:34.98 Sint-Amansberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:44.59		01:34.98	
	00:44.59		00:50.39		
	.....	.....	.....	.....	

Coach feedback:

**Event number: 6: 100M BREASTSTROKE WOMEN 11-12** Heat:10, starttime: 14:50

Heat: 10/15 Lane : 4 Athlete: DE MULDER MAÏTHÉ Q-time: 01:33:08

PB (25m pool): 01:33.08 Sint-Amansberg 19/10/2025 PB (50m pool): 01:45.04 SB: 01:33.08 Sint-Amansberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:45.38		01:33.08	
	00:45.38		00:47.70		
	.....	.....	.....	.....	

Coach feedback:

# vjk korte baan25: Session: 2: COACH evaluation sheet for TEAM: STA

**Event number: 6: 100M BREASTSTROKE WOMEN 11-12** Heat:15, starttime: 15:00

**Heat: 15/15 Lane : 6 Athlete: LONCKE JUTTA** Q-time: 01:23:70

**PB (25m pool): 01:25.35** Gent 23/02/2025 **PB (50m pool): 01:23.70** SB: 01:25.39 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M
PB		00:40.65		01:25.35
	00:40.65		00:44.70	
	.....	.....	.....	.....

Coach feedback:

**Event number: 7: 50M BUTTERFLY MEN 11-12** Heat:15, starttime: 15:19

**Heat: 15/17 Lane : 5 Athlete: DE SMET KOBE** Q-time: 00:35:02

**PB (25m pool): 00:35.02** Sint-Amandsberg 19/10/2025 **PB (50m pool): 00:38.00** SB: 00:35.02 Sint-Amandsberg 19/10/2025

	25 M	50 M
PB		00:35.02
	00:35.02	
	.....	.....

Coach feedback:

**Event number: 8: 50M BUTTERFLY WOMEN 11-12** Heat:6, starttime: 15:29

**Heat: 6/15 Lane : 1 Athlete: DE MULDER MAÏTHÉ** Q-time: 00:40:64

**PB (25m pool): 00:40.64** Sint-Amandsberg 19/10/2025 **PB (50m pool): 00:47.38** SB: 00:40.64 Sint-Amandsberg 19/10/2025

	25 M	50 M
PB		00:40.64
	00:40.64	
	.....	.....

Coach feedback:

**Event number: 8: 50M BUTTERFLY WOMEN 11-12** Heat:12, starttime: 15:36

**Heat: 12/15 Lane : 1 Athlete: BUYLE GEIKE** Q-time: 00:36:22

**PB (25m pool): 00:36.22** Sint-Amandsberg 19/10/2025 **PB (50m pool): 00:42.78** SB: 00:36.22 Sint-Amandsberg 19/10/2025

	25 M	50 M
PB		00:36.22
	00:36.22	
	.....	.....

Coach feedback:

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**Event number: 8: 50M BUTTERFLY WOMEN 11-12** **Heat:14, starttime: 15:38**

**Heat: 14/15 Lane : 1 Athlete: LONCKE JUTTA** **Q-time: 00:34:00**

**PB (25m pool): 00:34.00 Sint-Amansberg 19/10/2025** **PB (50m pool): 00:37.32 SB: 00:34.00 Sint-Amansberg 19/10/2025**

	<b>25 M</b>	<b>50 M</b>	
<b>PB</b>		00:34.00	
		<i>00:34.00</i>	
	.....	.....	

Coach feedback: